Specialist Children's Services

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HELLO!

I'm Suzie Webster, the Specialist School Nurse at Brookfields. I am a Registered Learning Disability Nurse and have worked for both adult and children's LD services.



British Journal of Nursing identifies:

BJN
British Journal of Nursing

- People with learning disabilities face significant health inequalities, leading to lower life expectancy and more avoidable deaths than the general population.

- The median age at death for adults with a learning disability is 19 years younger than the general population, and 39% of deaths of people with a learning disability were avoidable.

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Practical suggestions to reduce health inequality for your son or daughter !

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Annual health checks





- Anyone with a learning disabilities can request an annual health check with their GP.
- These checks are essential for identifying health needs and ensuring YP receive appropriate care.
- The checks are free and are available to anyone aged 14 or over on the doctor's learning disability register.
- The checks help individuals stay healthy by allowing them to discuss their health with a doctor or nurse and identify any problems that may require treatment.

Health checks are **reasonable adjustments to care !**

Other reasonable adjustments you can request:

- For a patient to be able to wait in a quiet room or in the car until the GP is ready to see them.
- Entering the surgery through the back door rather than through a busy waiting room full of strangers.
- Having vaccinations administered at home
- Booking an appointment at a quieter time of day
- Booking a longer appointment time.



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Please make sure your son or daughter is registered with your GP on the Learning Disability Register.

Support them to attend their ANNUAL HEALTH CHECK with the GP.



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Community Team for People with Learning Disabilities CTPLD

Team of Learning Disability Nurses, Physio's, OT, SALT, Psychiatrists, and Psychologists

To be eligible for their help you must :-

- Be over 18
- Have a Learning Disability not a Learning Difficulty
- Have a Reading or Newbury GP

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Learning Disability at the Royal Berkshire Hospital

Catherine Bradley & Emily Watson

Compassionate Aspirational Resourceful Excellent

Learning Disability Team

Royal Berkshire NHS Foundation Trust



Sarah
Learning Disability
Liaison Nurse



Catherine
Lead Nurse for
Learning Disabilities



Emily
Learning Disability
Support Worker

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Learning Disability Liaison Nurses

Royal Berkshire NHS Foundation Trust

- We see people when they are admitted to hospital
  - We will check that you have the support you need in hospital
  - That the doctors and nurses looking after you know how to support you

- Outpatient appointments- we can support you at your appointment if you don't have someone to go with

- If you need an operation we can help arrange support you need.



Call us on 0118 322 8159 or
@rbb-tr.learningdisability@nhs.net

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Learning Disability Support Worker

Royal Berkshire NHS Foundation Trust

If you are staying in hospital, Emily can;

- Keep you company in hospital
- Do activities with you in hospital e.g. play games, jigsaws, colouring- doing things you like to do!
- Go with you to a scan or X-ray
- Help you with eating and drinking
- Be with you as a familiar face if you are having physiotherapy

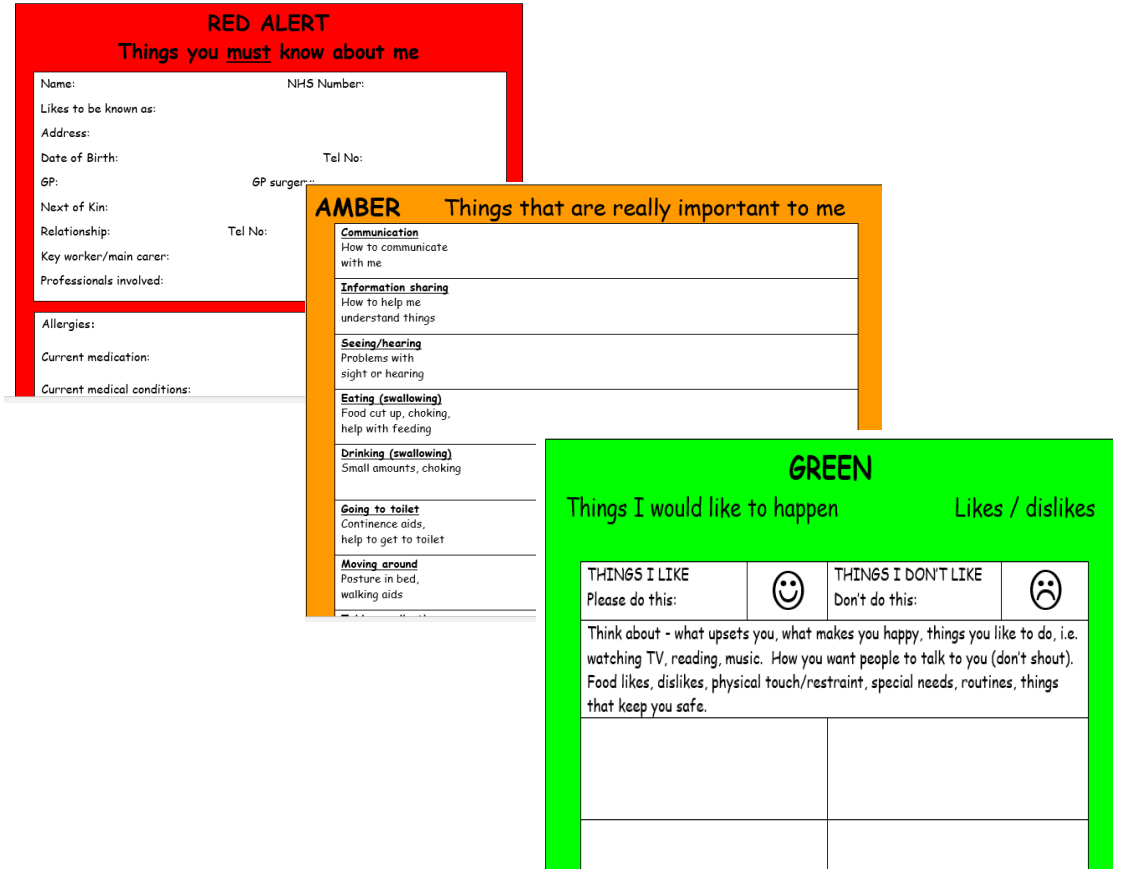


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Hospital Passport

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Call us: **0118 322 8159** or

Email us:

rbb-tr.learningdisability@nhs.net



Do you have any Questions for us?

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Thank you and any questions

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